

I thought it would be great to notify you of the successes we have had with holding the Swanley Carers support groups.

This now runs once a month at the link building on a Saturday and we have shared the attached flier with GP surgeries etc. I believe this is also displayed in the Link on the community board.

We are aiming to run another Carers Course in Swanley next year (and rotate it across each of our core areas).

On average 4-6 people attend each of our carers cuppa's and we are aiming to grow this with more outreach services as we develop this aspect of our provision in the Swanley area.

We have an amazing video of a carer advising how the support is helping them if you wish to see it - please let me know. I will need to bring manually though due to the size of the file! 😊

Once again, thank you so much for your donation, it means a lot to us as an organisation.

Kind Regards

**Hazel South**

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