

Volunteer as a Driver or Host with



Help Out at our Tea Parties

We are looking for volunteer drivers and hosts in the local area for our monthly Sunday afternoon tea parties.

It's not a big commitment: just a few hours once a month for drivers and once or twice a year for hosts. Anyone with a downstairs toilet and no more than a few steps into their home can apply to be a host.

If you enjoy tea and chat, and would like to help alleviate loneliness among older people, please contact Alison:

Email: alison.minney@contact-the-elderly.org.uk

Tel: 020 8150 3154 Web: www.contact-the-elderly.org.uk

